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# Mount Calvary Lutheran Church

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Confirmation Parent  
and Guides Handbook

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2018-2019

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**CONFIRMATION SCHEDULE 2018-2019**

September	4 or 5	7:15 – 8:15	Parent Orientation (6 <sup>th</sup> – 8 <sup>th</sup> )
September	12	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
September	19	6:15 – 7:30	Worship and Small Group(6 <sup>th</sup> home; 7-8 <sup>th</sup> here)
September	26	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
October	3	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> home; 7-8 <sup>th</sup> here)
October	5-6	7 pm dropoff	<b>6<sup>th</sup> Grade Retreat Weekend</b> – 4:00 p.m. pickup Saturday
October	10	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
October	12-14	6:15 depart	<b>7<sup>th</sup> Grade Retreat Weekend</b> – return 2:00 pm Sunday
October	17	<b>MEA Break</b>	No Confirmation
October	24	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
October	26-28	6:15 depart	<b>8<sup>th</sup> Grade retreat Weekend</b> - return 2:00 pm Sunday
October	31	<b>Halloween</b>	No Confirmation
November	7	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
November	14	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
November	21	7:00 – 9:00	Thanksgiving Eve Worship & Pie Feast
<b>Nov. 28 – Jan. 2</b>			<b>Advent/Christmas Break – No Confirmation</b>
January	9	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
January	16	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> home; 7-8 <sup>th</sup> here)
January	23*	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
January	30*	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> home; 7-8 <sup>th</sup> here)
February	6	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> : 6 <sup>th</sup> Gr Sm. Groups begin)
February`	9	9:00 – 3:00	<b>6<sup>th</sup> Grade Service Day Retreat – Global Health Ministries</b>
February	11	7:00 – 8:15	Mentor Training - Option 1 - Heritage Hall
February	13	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
February	20	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
February	25	7:00 – 8:15	Mentor Training - Option 2 - Heritage Hall
February	27	6:15 – 7:30	Worship and <b>Serve to the Max Event (6<sup>th</sup> – 8<sup>th</sup>)</b>
February	28	7:00 – 8:15	Mentor Training - Option 3 - Heritage Hall
March	16	9:00 – 3:00	<b>7<sup>th</sup> Grade Service Day Retreat – Interfaith Bridge Building</b>
Mar 6 – Apr. 17			8 <sup>th</sup> Graders meet with mentors to work on Faith Projects
<b>Mar 6 – Apr. 17</b>			<b>Lent/ Easter Break -no class except each group attends 1 Lenten Service</b>
<b>April</b>	<b>6</b>	<b>8 am-6pm</b>	<b>8<sup>th</sup> Gr. Service Day Retreat – Urban Immersion</b>
April	24	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> ) – <b>8<sup>th</sup> Gr. Class Photo</b>
May	1	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
May	8	6:15 – 7:30	Worship and Small Group (6 <sup>th</sup> – 8 <sup>th</sup> )
May	15	6:15 – 7:30	<b>Celebration Night, Worship and Small Groups (6-8<sup>th</sup>)</b>
May	17	5:45 – 10:30	8 <sup>th</sup> Grade Finale Night & Confirmation Service Rehearsal
May	19	1:00 & 3:00	Confirmation Services for 8 <sup>th</sup> Graders

**\* January 23rd & 30th evenings include Parents of 7<sup>th</sup>/8<sup>th</sup> Graders for Dating & Sexuality Curriculum lead by Pastor Aaron and Andrea Fieldhouse Griner.**

## Welcome!

Congratulations, you and your student are about to begin a three-year journey of discovery, faith and hope. Confirmation has been central to the Lutheran faith since it began with Martin Luther and his small catechism. For you as parents, this journey began when your child was baptized and you made promises to bring them to worship, provide for their instruction in the Christian faith, to teach them the Holy Scripture, and provide for them a Christian example. Confirmation is a continuation of these promises and the faith journey of your student. Our goal is to provide an enthusiastic, authentic, and faithful confirmation program that engages our student's hearts, minds, souls and actions. We look forward to partnering with you in this journey, learning together and providing a safe, nurturing place to explore God's promises and actions in our lives. The following handbook outlines a number of important aspects of confirmation. Please read it carefully, there are lots of wonderful opportunities, and we don't want you to miss a one!

## What is Confirmation?

1. The public promise that our students make at the end of confirmation to take responsibility for their faith and their relationship with God.
2. The public promise that our parents make at the end of confirmation to support and walk along side of our students in their developing relationship with God.
3. The public promise of the church community, family and friends to support and walk along side our students in their developing relationship with God
4. The public reminder of God's promise to always be with us, to always be calling out to us in every situation, and to always love us.

## The Three Cores of Confirmation

1. **Worship** – Almost every Wednesday during the school year we meet together for worship which is specifically designed for our students. Music is chosen with students in mind, preaching is designed to match the confirmation lessons and designed to be received at a students' level, use of audiovisuals make for a fast-paced and interactive worship experience. Worship leadership is shared between staff, high school students, lay adults, and confirmation students themselves. Pastor Aaron and a Music Band made up of adults and youth lead our worship music every week!
2. **Small Groups** – Almost every Wednesday during the school year, immediately following worship, confirmation students gather together with a small group of their peers, guided by a caring adult. Our adult guides "travel" with their group for all three years to build a strong guide/group relationship. The small group has three main aspects:
  - **First:** Relationship and Community Building – research demonstrates that youth need significant adult relationships other than their parents to succeed in life - our small groups help foster a faithful relationship between guide and student and between students themselves.
  - **Second:** Each small group session follows a lesson and curriculum which is tied to the worship service. Guides are not Biblical experts, but faithful adults who are trained to help guide, ask questions, and provide a faithful example of a Christian life.
  - **Third:** Small groups provide a place for prayer. Building a relationship with God and Jesus is central to confirmation; prayer is our weekly communication to God about our lives, the lives of others, and the world. Each small group will close by praying together out loud.

- 3. Service** – Jesus’ life can be defined as a life of service, self-giving love, and sacrifice. As followers of Jesus we are called to be servants also. We are the hands, feet, and voice of Christ in the world; therefore, each small group will be asked to complete at least one service project together during the year. Chris Anderson (Director of Community Outreach) is a resource to help plan small group service, and is available to talk with small group guides who would like suggestions for their small group service projects. We also collect offering each week during large group worship. On February 27 we will use our offering proceeds to support local ministries through our **Serve to the Max Event** by purchasing supplies and then assembling a variety of care packages for programs like WECan, People Serving People, and Global Health Ministries.

### **What We Hope**

Our goal for our students is that the end of confirmation is simply the beginning of their adult relationship and journey with God. We hope that God and Jesus Christ become real partners and friends for them as they make significant decisions during their life. We hope that students learn to pray and talk with God. We hope that students learn to listen for and respond to God voice, God’s call, and God’s direction. We hope that students will learn to seek out places where others are striving to listen for God’s voice and join together with them in community. We hope that students will develop friendships and relationships that live out compassion, forgiveness, love, respect, care and concern. We hope that students will learn to be servants to the world - offering their time and their possessions to make the world a better place in the name of Jesus. We hope that students will discover that a life time of following Jesus is an abundant, rich and rewarding adventure, that isn’t always easy, but is graceful and fulfilling.

### **Curriculum**

Our curriculum will focus on biblical knowledge, a Lutheran perspective on being a follower of Jesus, service to neighbor, and relationship building between guides and students - all striving to create opportunities for discussion and application of faith in daily living. Students should bring their Bible with them every week. No specific Bible version is required, but Student Bibles (NRSV) are available for purchase (\$20). Other curriculum materials will be distributed weekly. The 6<sup>th</sup> Grade curriculum has been created by Andrea Fieldhouse (Director of Family and Youth Ministry) and focuses on our identity as Lutheran Christians. It will include a blend of parent/youth nights, large group worship, home time, and finally the creation of small groups. The 7<sup>th</sup> and 8<sup>th</sup> graders this year will be using a curriculum designed by Pastors Aaron which focuses on applying faith to real life questions and becoming more familiar with Biblical teachings. Year 1 focuses on the stories of the Old Testament. While Year 2 will focus on the stories of the New Testament.

### **Retreats**

When you registered for confirmation, you registered and paid for the retreats. Retreats are an important component of the confirmation experience. Each retreat will focus on relationship building between students and their guides, faith experiences in wisdom and understanding, free time to relax and enjoy being a kid, and worship experiences. Led by our staff and guests these are times you don’t want to miss! Detailed lists will be available before each overnight retreat,

however, students will need to provide at least a sleeping bag, pillow, changes of clothes for outdoor activities, toiletries, a Bible, flashlight and a positive attitude.

**6<sup>th</sup> Grade Retreat:** October 5 & 6 at Camp Ihduhapi in Loretto, MN. Maps and directions will be provided. Parents are requested to drop off their youth at Camp by 7 p.m. on Friday evening and pick them up at 4:00 pm on Saturday afternoon at the Camp.

**7<sup>th</sup> Grade Retreat:** October 12-14 at Luther Park in Danbury, WI. Arrive at church at 5:45pm to board the buses (eat before you come!). The buses will return Sunday by 2:00 pm.

**8<sup>th</sup> Grade Retreat:** October 26-28 at Luther Park in Danbury, WI. Arrive at church at 5:45pm to board the buses (eat before you come!). The buses will return Sunday by 2:00 pm

**6<sup>th</sup> Grade Service Day Retreat:** Sat. Feb. 9, 2019. We will depart from Mount Calvary in the morning for a day of learning and service work at Global Health Ministry's facility in Fridley.

**7<sup>th</sup> Grade Service Day Retreat:** Sat. Mar. 16, 2019. We will depart from Mount Calvary in the morning for a day of learning and service at Augsburg University - Mpls. In partnership with "Interfaith Bridge Building," we will learn more about and connect with our Muslim neighbors.

**8<sup>th</sup> Grade Service Day Retreat – "Urban Immersion":** Sat. April 16, 2019. We will depart from Mount Calvary in the morning for a day of learning and service work with our outreach partner church, Gethsemane Lutheran Church (4656 Colfax Avenue North, Minneapolis).

**8<sup>th</sup> Grade Confirmation "Finale" Night: Preparing to Launch!**

Friday, May 17<sup>th</sup> at Mount Calvary - 5:45 pm to 10:15 pm. This mandatory evening for our 8<sup>th</sup> graders includes rehearsal for the confirmation service itself, time for each confirmand to create his/her stole for the confirmation service, and the last small group opportunity before their group is confirmed. More details will be communicated as this important evening approaches.

**Worship Notes**

Worship is an important part of our Confirmation experience and our expectation is that our students participate regularly in weekend worship with their families. We ask each student to complete at least ten worship/sermon notes during the year based on a Saturday or Sunday worship service. Sermon note forms will be available in the Narthex and when each one is completed it can be dropped in the basket in the Narthex reserved for completed sermon notes.

**8<sup>th</sup> Grade Mentoring and Faith Projects**

All 8<sup>th</sup> grade students will meet **4 times** during the season of Lent with an adult mentor of their choice. This can be on a Wednesday night or at any time mutually agreed upon by parents, youth,

and their mentor. If you are the parent of an 8<sup>th</sup> grader, begin to talk with your student this fall about who they would like to ask to be their mentor for confirmation. The mentor can be a family friend, a neighbor, a relative, or an influential coach/teacher. They can have a significant faith background or be someone who is willing to enter into conversations about faith with your student. We provide the four-meeting curriculum and you decide as a family whom you would like to choose to mentor your student. Mentors will be required to attend one orientation session in February (see 2018-2019 Confirmation Schedule for dates & times). If your confirmand is struggling to choose a mentor, our Faith Formation staff is happy to assist you by identifying a caring adult from our congregation. Each 8<sup>th</sup> grader is required to create a confirmation faith project which is based on these mentoring conversations. We invite creativity!

### **Attendance**

All confirmation activities from small groups to worship to retreats are designed to engage our students and their developing ability to think faithfully, spiritually, and prayerfully. It is our goal that students will *want* to attend our program. Every evening of confirmation is important. Retreats are an integral part of confirmation - not options. We believe that full participation in confirmation is something which will impact the entire life of a student more so than sports or other extra-curricular activities.

We do take attendance at all confirmation events. It is our opportunity to be sure students are being cared for, and when students are infrequent or not in attendance, our guides will contact parents to determine the reason for the being absent. However, there is no penalty for missing an evening or a retreat. Students will be confirmed at the discretion of the Pastors of Mount Calvary. So, if your child is tired, worn out, or simply needs a break on a Wednesday night, please allow them the opportunity to do what is most important and best for them. However, we will tell you that we believe that confirmation is one of the most significant developmental activities for your child. We will work hard to make every activity meaningful, enjoyable, and faith-filled. Our hope is that you choose for your student to take advantage of each and every opportunity.

### **Parental Involvement**

The good news from research is that parents are still the number one influence in the life of their child! The other good news is that if faith, worship, and following Jesus are important to you, it will likely be important to your child. Here are four ways you can support and encourage your student in the confirmation program:

1. Worship at least twice a month with your student on Wednesday, Saturday or Sunday
2. Participate in 1 or more of the Retreats as a Parent Chaperone – you are needed!
3. Pray daily for your student, their life, and their faith development
4. Pray weekly for and support your student's small group leader and the Mount Calvary staff
5. Get involved in your own faith development activity. Children often grow to the levels of faith of their most significant adult mentors.

### **Friends**

Students and families are welcome to invite friends to attend confirmation, even if they are not enrolled. Friends are welcome to join us for the large group worship experience, but **not** the small group sessions. Friends who would like to consider joining confirmation should have their parents

contact Brenda Lund (Faith Formation Assistant) to begin the registration process and to set up an orientation meeting with Andrea (6<sup>th</sup> grade) or Pastor Aaron (7<sup>th</sup> & 8<sup>th</sup> grade).

### **Guide Background Checks**

To ensure the safety of our children and adults, each year we require all our volunteers who guide and lead our confirmation program to complete a basic background check. The form is found on our website and is kept confidential.

### **Code of Confirmation Conduct**

With over 300 kids, 50 adults, and every inch of space being used on Wednesday nights, there is bound to be a little friction from time to time during confirmation. Because of this we have expectations for our confirmation students about how to treat each other and the building during confirmation. If everyone follows this code of conduct, we will have a great year.

### **Code of Confirmation Conduct:**

1. Confirmation students always respect themselves, each other, their small group leader, pastors, and all adults in charge. They will not insult each other, put each other down, make rude gestures, or physically harass each other. Every confirmation student has the right to learn and grow in their faith.
2. Confirmation students always respect and care for Mount Calvary's building and grounds. This is God's house -- pick-up after yourselves and others.
3. Confirmation students understand that to make Confirmation a good experience, they will participate fully in all activities
4. Confirmation students follow directions the first time and do their best to complete the work assigned.
5. Confirmation students will come prepared and on time. They will remember their Bibles and any other required materials each week.
6. Confirmation students understand that one of our goals is to build community - taking care of each other and ourselves. As a result, non-prescription substances (alcohol, drugs, tobacco products) are not used in the building or on the church grounds or at retreat sites or anywhere else!
7. Confirmation students will turn off & put away all electronic devices during worship and small group.
8. Confirmation students will commit themselves to growing spiritually in their faith.
9. Confirmation students will not leave the building without an adult during confirmation.
10. Confirmation students will work hard at having fun! (dancing, singing, etc.)

### **Discipline Policy**

As a community of faith, Mount Calvary is intended to be a very gracious and welcoming place. Part of that is our expectation that youth and adults will be respectful and appropriate with each other. The following is how we will address issues if they arise. First instance – A guide brings the issue to the awareness of Pastor Aaron. Pastor Aaron will speak with the student (and/or the group if necessary). Second instance – Pastor Aaron will speak with the student and/or the group if necessary, **and** parents will receive a phone call and may be asked for a meeting with Pastor Aaron, the student, and the guide to discuss and create a plan for improved behavior. Third instance – If a third instance arises, the student will no longer participate in the group confirmation program.

### **Cost**

For program year 2018-2019, the confirmation registration fee is \$155. This annual fee covers the costs of all retreats, on/off-site events, and transportation. In addition, it supports our special events and professional musicians. Scholarships are available - please contact Pastor Aaron or Brenda Lund for more information.

### **Bad Weather**

Weather cancellations will be posted on the Mount Calvary website. If school is cancelled due to bad weather, there will be no confirmation. Parents should use their own judgment about driving to confirmation in bad weather.

### **Web Site**

Please check our web-site for information before you contact our staff. The schedule, handbook, and other important information can be found at [www.mountcalvary.org](http://www.mountcalvary.org).

### **E-mail Reminders**

E-mails will be sent out on an as-needed basis with updated information, upcoming sessions, and other information. We hope this will be an additional way to communicate with parents during the year. It is your responsibility to make sure we are made aware of any changes to your email address.

### **Contact Information**

Below you will find a list of the staff and their responsibilities within the Confirmation Ministry. Please feel free to contact us at any time:

Brenda Lund – Initial contact for Confirmation, registration, payments, retreat info, data updates  
[brenda.lund@mountcalvary.org](mailto:brenda.lund@mountcalvary.org) - 952.474.8893, ext. 118

Pastor Aaron Werner – 7<sup>th</sup> and 8<sup>th</sup> Grade Confirmation, curriculum, guide support, student needs  
[pastor.aaron@mountcalvary.org](mailto:pastor.aaron@mountcalvary.org) - 952.474.8893 ext. 120

Andrea Fieldhouse – 6<sup>th</sup> Grade Confirmation, mentoring  
[andrea.fieldhouse@mountcalvary.org](mailto:andrea.fieldhouse@mountcalvary.org) – 952.474.8893 ext. 125

Chris Anderson – volunteer and service opportunities  
[Chris.anderson@mountcalvary.org](mailto:Chris.anderson@mountcalvary.org) – 952.474.8893 ext. 102

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